

Stress Paper Topics

Yeah, reviewing a ebook **Stress Paper Topics** could add your close connections listings. This is just one of the solutions for you to be successful. As understood, carrying out does not suggest that you have fabulous points.

Comprehending as well as bargain even more than extra will allow each success. next-door to, the notice as capably as keenness of this Stress Paper Topics can be taken as without difficulty as picked to act.

Toward a Broader Understanding of Stress and Coping Qun G. Jiao 2010-06-01
Research on stress and coping phenomena has been among the most widely studied topics in social and behavioral sciences during the past several decades. Notwithstanding, the authors in this book have expanded the base of stress and coping research by providing a valuable reference source that includes guidelines and frameworks as well as empirical findings related to the application of mixed methods approaches to the study of stress and coping. This book is intended not only for stress and coping researchers, but also for social and behavioral science researchers at various levels—from students, instructors, and advisors to applied researchers, research methodologists, and theorists. The 15 chapters are divided into three distinct sections. The five chapters in Section I focus mainly on topics pertaining to the conceptual and theoretical aspects of mixed methods research in the study of stress and coping. The five chapters in Section II address the major methodological issues of mixed methods research. Section III presents five empirical studies of mixed methods research as applied to the field of stress and coping. This book illustrates the perspectives of innovative interconnections in the application of mixed methods research to the study of stress and coping. It also provides readers with new ways of designing and evaluating strategies and programs that aim to reduce stress and improve coping mechanisms.

How Fear and Stress Shape the Mind Luke R. Johnson 2016-09-26 The experience of fear and stress leaves an indelible trace on the brain. This indelible trace is observed as both changes in behavior and changes in neuronal structure and function. Fear and stress interact on many levels. The experience of stress may lead to the formation of a fearful memory trace of a place or reminder cue, and fearful memory formation is regulated by the extent of concurrent stress. The concurrent experience of fear and stress may amplify fear and slow fear extinction which may lead to pathology. Fear memory formation involves changes in synaptic plasticity while stress and glucocorticoids change neuronal structure. Thus, both neurons and synapses are changed. These changes can be identified, visualised and mapped within focused microcircuits. In this Research Topic we focus on current advances in both the neurobiology and behavioral consequences of fear and stress.

The Practice of Nursing Research - E-Book Jennifer R. Gray 2013-12-24 Learn how to properly evaluate and use existing research data and how to conduct your own original research. This authoritative text gives provides a comprehensive foundation for appraisal, synthesis, and generation of research evidence for clinical nursing practice. This new edition also features enhanced coverage of the research methods most applicable to evidence-based practice (outcomes research, intervention research, and translational research), along with a significant

increase in the coverage of qualitative research methodologies. Comprehensive coverage of nursing research organizes content into five units: Introduction to Nursing Research, Nursing Research Processes, Tools for Evidence-Based Healthcare, Strategies for Analyzing Research and Building an Evidence-Based Practice, and Writing Proposals and Obtaining Funding. Rich and frequent examples from the literature demonstrate the importance and immediacy of research in nursing practice and bring principles to life through the context of actual published studies. Strong coverage of quantitative and other clinically-applicable research methodologies gives you a solid grounding to conduct, appraise, and apply research evidence to the realities of clinical practice in today's healthcare environment. NEW! Enhanced emphasis on evidence-based practice equips you to generate research evidence and to appraise and synthesize existing research for application to clinical practice. Using the ANCC Magnet Recognition Program criteria as a point of focus, this book prepares you for today's emphasis on evidence-based practice in the clinical setting. NEW! Expanded emphasis on qualitative research addresses phenomenological research, grounded theory research, ethnographic research, exploratory-descriptive research, and historical research to support the development of nursing. NEW! Updated coverage of digital data collection guides you through use of the internet for research and addresses the unique considerations surrounding digital data collection methods. NEW! Pageburst ebook study guide gives you the opportunity to fully master and apply the text content in a convenient electronic format with integrated interactive review questions. *Cardiovascular Reactivity and Stress* J. Rick Turner 1994-01-31 This volume introduces and critically examines the major experiments exploring hypertension, and places them within a behavioral/psychosomatic framework. The balanced treatment and extensive referencing will prove invaluable for students, psychologists and others interested in individual differences, clinicians, and health educators.

Perspectives on Stress and Stress-Related Topics Fernando Lolas 2012-12-06 Why a new book on stress when so many are already available? There is widespread awareness of the impact of scientific research in this field, both theoretical and practical. Scores of articles and books have been published. What is especially exciting about the range of theories and ideas presented in this book is that they derive from a variety of different intellectual traditions and scientific disciplines. The book is not an attempt to replace more extensive or basic treatments of this subject. Rather, it seeks to present the authors viewpoints together with data and methodological applications based on their personal experience in a straightforward manner. A number of the articles were commissioned some time ago, when Horst Mayer decided to publish the papers presented at a symposium which he organized in Heidelberg under the auspices of the German

College of Psychosomatic Medicine. Others emerged from later contacts with authors in different parts of the world. The result is a rather heterogeneous collection of "perspectives" on stress which, it is hoped, will stimulate readers to arrive at their own conclusions through its very diversity. When it was decided that Fernando Lolas would join this endeavor at the end of 1984, it became clear that the material had lost none of its appeal.

Managerial, Occupational and Organizational Stress Research Manchester School of Managements 2018-01-17 This title was first published in 2001. A discussion of managerial, occupational and organizational stress research. The volume is in seven parts. The first part explores the theoretical or conceptual frameworks in occupational and organizational stress that have developed out of empirical work and work with others in different countries. The second part provides the reader with reviews of literature on different topics in the field of workplace stress. Part Three highlights a range of studies undertaken by UMIST and their collaborating colleagues in different institutions. The research that highlights issues and problems of current relevance is found in the fourth part, while the methodological studies involving instrument development, refining of existing measures, and more, is found in Part Five. The studies linking stress and health follows on from this, and the new area of investigation, evaluating stress management interventions, concludes this survey of research in this field.

Compendium of Research Topics Air University (U.S.) 1984

Women and Stress Research James Harry Humphrey 2005 Stress has increasingly become associated with greater susceptibility to various illnesses. The condition is also costly from an economic and financial perspective, but such costs hardly reflect the human costs of emotional trauma and physical suffering that result from the illness. Women today are in a situation where both the monetary and human effects of stress take their toll as women face unprecedented pressures in accommodating the demands of home and career and personal family stresses that often result. In addition to this, while women are prone to the same stressors as men, they are confronted with potentially unique physical and psychological stressors of their own. They may also become stress "carriers" as in the abusive husband and unfair boss relationship. Ironically, despite these differences women live longer than men, although collectively they are reported to have more symptoms, illnesses, intake of drugs and doctor-hospital visits. This outstanding new book by a pioneer in stress research presents an essential analysis of this increasingly relevant subject.

Handbook of Research on Representing Health and Medicine in Modern Media Sar?, Gül?ah 2021-04-02 Traditional and social media are used extensively in terms of public health today. Studies show that social media works much better than other follow-up systems, leading it to become a modern and somewhat new tool for disease coverage and information discovery. The current state of the representation of health and medicine in the media is an important factor to analyze in the field of health communication, especially amidst the onset of a global pandemic. The ways in which the media discusses health, the campaigns that are used, and the ethics around this role of media and journalism are defining factors in the spread of information regarding health. The Handbook of Research on Representing Health and Medicine in Modern Media is a crucial reference that discusses health communication within two contexts: in terms of the media and journalists presenting critical health information and in terms of media literacy and information retrieval methods of media consumers through modern digital channels. The main purpose of these chapters is the development of critical thinking about

health presentations and health communication issues in the media by presenting a discussion of the issues that will contribute to this vital view of health, medicine, and diseases in the media. The primary topics highlighted in this book are infectious diseases in the media, campaigning, media ethics, digital platforms such as television and social media in health communication, and the media's impact on individuals and society. This book is ideal for journalists, reporters, researchers, practitioners, public health officials, social media analysts, researchers, academicians, and students looking for information on how health and medicine are presented in the media, the channels used for information delivery, and the impact of the media on health and medicine.

Creating Balance in a World of STRESS Susan J. Del Gatto 2009-07-15 *Creating Balance in a World of STRESS* is about having the tools you require to create the needed balance in your life that will in turn reduce the majority of stressors that you face on a daily basis. Balance is created when we can accomplish a smooth flow in all areas of our lives: work, school, home, family, friends and relaxation time. Unfortunately, when we get overwhelmed with duties, responsibilities, commitments, and obligations, we seem to place our own time for relaxation on the back burner. Ignoring our need for relaxation will result in burnout and stress. *Creating Balance in a World of STRESS* takes you through each part of your life and gives you ways to balance each area, what actions need to be taken and numerous ideas, tips, and techniques to get you where you want to be. The book explains the six key habits to avoid that will reduce stress and optimize health. The end result will leave you stress-free and empowered to establish inner peace, happiness, positive thinking, and healthy living.

Papers from the Parasession on the Interplay of Phonology, Morphology, and Syntax Chicago Linguistic Society 1983

Molecular Mechanisms in Stress and Trauma Related Disorders Anthony S. Zannas 2020-04-20

Issues in Teaching and Education Policy, Research, and Special Topics: 2013 Edition 2013-05-01 *Issues in Teaching and Education Policy, Research, and Special Topics: 2013 Edition* is a ScholarlyEditions™ book that delivers timely, authoritative, and comprehensive information about Education Testing and Evaluation. The editors have built *Issues in Teaching and Education Policy, Research, and Special Topics: 2013 Edition* on the vast information databases of ScholarlyNews.™ You can expect the information about Education Testing and Evaluation in this book to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of *Issues in Teaching and Education Policy, Research, and Special Topics: 2013 Edition* has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

Oxidative Stress Revisited - Major Role in Vascular Diseases Cristina M. Sena 2019-10-21 Oxidative stress is an underlying factor in health and disease. Reactive oxygen species are produced as a result of normal cellular metabolism. The subsequent altered redox state between the formation and the neutralization of pro-oxidants results in their increased levels and therefore leads to cellular damage. Different research disciplines have increased our knowledge of the importance of this cell redox status and the recognition of oxidative stress as a

process with implications for many pathophysiological states. Genetic and environmental factors, nutrition and lifestyle may indicate a pro-oxidative and pro-inflammatory state, linked to alterations in cellular structure and function. Oxidative stress emerges as a common, unifying factor in several conditions including diabetes and cardiovascular diseases. This eBook aims to provide novel data regarding the role played by oxidative stress and inflammation in the development of chronic diseases and the different classes of therapeutics from the bench to the clinic, stressing the awareness of these concepts for the treatment of disease. In addition, articles addressing an overview of the role of oxidative stress in vascular diseases reviewing some current concepts indicating that oxidative stress and inflammation are key mechanisms linking vascular diseases and current state-of-the-art approaches to monitor, prevent and inhibit oxidative stress will be highlighted. There is a close relation between oxidative stress, inflammation and cardiovascular diseases. Despite the great amount of investigation carried out in the field, there are still uncertainties about the mechanisms by which free radicals can modify tissues such as perivascular adipose tissue that ultimately will reflect on vascular function. This eBook will focus on articles that can explore and identify these mechanisms. Concurrent with this understanding of oxidative stress milieu, it is necessary to recognize the need for new pharmacological tools effective in restoring oxidative balance. The abundance of new information and the paradigm shift in our understanding of how antioxidants and other redox-active drugs work in a wide variety of vascular diseases will be specifically highlighted. This eBook will provide a comprehensive, up-to-date source of information on the design and mechanistic, pharmacological, and medicinal aspects of redox-active therapeutics. Finally, a unique feature of the eBook is to provide a way to foster an enthralling discussion revisiting old paradigms and finding new solutions for the treatment of vascular diseases. The topic will include original research articles, hypotheses, perspectives and (mini)reviews from experts in the field. The next decade shows promise for the translation of this body of knowledge to novel human therapeutics and this eBook will enable to increment our knowledge in this field.

HBR Guide to Managing Stress at Work Harvard Business Review 2014-01-14 Are you suffering from work-related stress? Feeling overwhelmed, exhausted, and short-tempered at work—and at home? Then you may have too much stress in your life. Stress is a serious problem that impacts not only your mental and physical health, but also your loved ones and your organization. So what can you do to address it? The HBR Guide to Managing Stress at Work will help you find a sustainable solution. It will help you reach the goal of getting on an even keel—and staying there. You'll learn how to:

- Harness stress so it spurs, not hinders, productivity
- Create realistic and manageable routines
- Aim for progress, not perfection
- Make the case for a flexible schedule
- Ease the physical tension of spending too much time at your computer
- Renew yourself physically, mentally, and emotionally

Handbook of Stress in the Occupations Janice Langan-Fox 2011-01-01 The Handbook of Stress in the Occupations sets a new agenda for stress research and gives fresh impetus to scholars who wish to focus on issues and problems associated with specific jobs, some of which have received little attention in the past. Written by researchers who are true experts in the field of each occupation, this comprehensive Handbook reviews stress in a wide range of jobs including transport, education, farming, fishing, oil rig drilling, finance, law enforcement, fire fighting, entrepreneurship, music, social services, prisons, sport, and health

including surgery, internship, dentistry, nursing, paramedics, psychiatry and social work. Several occupations such as oil rig drilling are reviewed; these jobs have always been stressful but have received little attention by researchers, and only now receive more focus due to the Bay of Mexico accident. Other occupations demand more of our attention because there have been substantial technological changes in particular jobs, such as in dentistry, nursing, and surgery. This lucid and insightful compendium will be a source of inspiration for those in the helping professions and all those individuals working in the industries described in the book. More specifically, the Handbook will strongly appeal to human resource specialists, psychologists, occupational health and safety professionals, managers, nurses and therapists. Written in highly accessible language, it will also provide rich reading to lay audiences including job incumbents themselves, as well as specialists in industry and academia. Academics and postgraduate students of business, management, and psychology will find plenty of detailed information regarding stress associated with occupations.

Research in Occupational Stress and Well being Sabine Sonnetag 2009-04-21 Focuses on processes related to recovery and unwinding from job stress. This book demonstrates that recovery research is a very promising approach for understanding the processes of job stress and relieve from job stress more fully.

The Complex Biopsychosocial Interactions that Create Stress Resilience Deborah Suchecki 2022-01-12

Organizational Stress Around the World Kajal A. Sharma 2021-01-28 Stress is defined as a feeling experienced when a person perceives that demands exceed the personal and social resources the individual is able to mobilize. It can occur due to environmental issues, such as a looming work deadline, or psychological, for example, persistent worry about familial problems. While the acute response to life-threatening circumstances can be life-saving, research reveals that the body's stress response is largely similar when it reacts to less threatening but chronically present stressors such as work overload, deadline pressures and family conflicts. It is proffered that chronic activation of stress response in the body can lead to several pathological changes such as elevated blood pressure, clogging of blood vessels, anxiety, depression, and addiction. Organizational Stress Around the World: Research and Practice aims to present a sound theoretical and empirical basis for understanding the evolving and changing nature of stress in contemporary organizations. It presents research that expands theory and practice by addressing real-world issues, across cultures and by providing multiple perspectives on organizational stress and research relevant to different occupational settings and cultures. Personal, occupational, organizational, and societal issues relevant to stress identification along with management techniques/approach to confront stress and its associated problems at individual and organizational level are also explored. It will be of value to researchers, academics, practitioners, and students interested in stress management research.

Stress in Teaching Margaret Johnstone 1989 This booklet provides a succinct survey of studies on stress in relation to teaching, centering around British research. It provides a comprehensive guide to how stress in teaching has been studied and the conclusions reached. Topics covered are: (1) what is stress; (2) what are the causes of stress in teaching; (3) how prevalent is stress in teaching; (4) who is stressed; and (5) what are the effects of stress and how can teachers cope. Each chapter provides a summary note on the topic, research findings on the topics, and a final comment. Over 150 citations are listed in the bibliography. (JD)

Stress, Shock, and Adaptation in the Twentieth Century David Cantor 2014 This

edited volume brings together leading scholars to explore the emergence of the stress concept and its ever-changing definitions since the 1940s.

International Perspectives on Teacher Stress Christopher McCarthy 2012-10-01 This book is the latest volume in the Research on Stress and Coping in Education series. The authors present original research and current theory regarding the realities of coping with the stresses of teaching. The chapters highlight working conditions for teachers around the globe and the processes and strategies that teachers use to survive and thrive in their daily work with students, families, and educational administrators. Both stress researchers and educational policy makers will find the chapters offer insights into sources of stress for teachers, strategies for stress prevention and coping, and the negative consequences that stress can have on teacher retention. Researchers from Norway, Turkey, Greece, the United States, the Netherlands, Germany, Russia, Italy, and China illustrate through a variety of research methods both the centrality of cultural context and the commonalities of teacher experiences around the world.

Using Stress-Based Animal Models to Understand the Mechanisms Underlying

Psychiatric and Somatic Disorders Stefan O. Reber 2017-01-13 Chronic or repeated stress, particularly psychosocial stress, is an acknowledged risk factor for numerous affective and somatic disorders in modern societies. Thus, there is substantial evidence showing that chronic stress can increase the likelihood of major depressive disorder and anxiety disorders, as well as cardiovascular diseases, irritable bowel syndrome and pain syndromes, to name but a few, in vulnerable individuals. Although a number of pharmacological agents are available to treat such stress-related disorders, many patients do not respond to them, and those who do often report a number of side effects. Therefore, a major emphasis in modern basic research is to uncover the underlying aetiology of these disorders, and to develop novel efficacious treatment strategies. This has led to a resurgence in developing, and using, appropriate animal models to study a wide variety of stress-related disorders. Thus, the aim of this research topic "Using stress-based animal models to understand the mechanisms underlying psychiatric and somatic disorders" was to bring together novel research articles and comprehensive review articles from prominent stress researchers. In addition to describing the insights such models have provided relating to the aetiology of psychiatric and somatic disorders, these articles also encompass mechanisms that are believed to underlie stress resilience and stress-protection. Finally, given the current prominence on the role of the brain-gut axis in health and disease, the research topic covers the emerging evidence showing how the gut, particularly the microbiota, influences affective behaviour and physiology.

Stress Dirk Hellhammer 2008 The prevention, diagnosis and treatment of stress-related disorders are major challenges across medical disciplines. Reasons include a missing covariance between the psychological and physiological stress response and a tremendous intra-individual complexity of disease-related factors, resulting in a broad inter-individual heterogeneity of pathogenetic mechanisms. This book introduces 'Neuropattern', a new concept that attempts to assess the activity of neuroendocrine interfaces participating in the communication between the brain and the body during stress. This approach allows close examination of the causal mechanisms behind stress-related disturbances and diseases, thus enabling individualized preventive and therapeutic interventions. This publication provides clinicians, researchers and students from the fields of psychiatry, psychology, neurobiology and psychoendocrinology with an excellent overview of how knowledge from basic psychobiological research can be translated for the benefit of their

patients.

Sleep and Psychological Trauma or Stress Seog Ju Kim 2022-07-06

Stress and Immunity Yong-Soo Bae 2019-04-09 The "Stress and Immunity" Research Topic includes two distant and seemingly unrelated forms of stress: physicochemical stress and psychological stress. In both forms of stress the body adapts to the changes in the environment. The different chapters of this eBook deal with aspects relevant for the fascinating interplay of various distinct stressors with the immune system.

Soothing and Stress Michael Lewis 1999-04-01 This volume addresses topics related to the nature of the stress response, the role of environment in individual differences in stress, and the different strategies used for coping with stressful events. The chapters present theoretical and empirical work focused on a wide range of issues related to stress, soothing, and coping. Authored by recognized authorities with innovative research programs in the field, this volume addresses topics from diverse perspectives in child development, clinical psychology, pediatrics, psychophysiology, and psychobiology. Adaptive and maladaptive outcomes of stress and coping are addressed in various pediatric, medical, and clinical populations. This book also covers recent research on the effects of both prenatal and postnatal stress on subsequent coping, stress reactivity, and socioemotional functioning in the human and nonhuman primate. With this diversity of papers, this volume should be of special value to child development professionals with interests in behavioral and physiological approaches to temperament, emotional expression, and emotional regulation; to those interested in mother-child interaction; and to researchers and clinicians in many different disciplines.

Stress Management for Life: A Research-Based Experiential Approach Michael Olpin 2015-01-01 Clearly explaining the how to of stress management and prevention, *STRESS MANAGEMENT FOR LIFE, 4e* emphasizes experiential learning and encourages students to personalize text information through practical applications and a tool box of stress-reducing resources, including activities and online stress-relief audio files. Michael Olpin and Margie Hesson offer more than just a book about stress; they offer students a life-changing experience. Well-researched and engaging, the Fourth Edition empowers students to experience personal wellness by understanding and managing stress, gives stress-related topics a real-life context, and motivates students to manage stress in a way that accommodates their lifestyle, values, and goals. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Couples Coping with Stress Mariana K. Falconier 2016-05-12 This is the first book that reviews both empirical and clinical applications of how couples jointly cope with stress - dyadic coping - around the globe. The Systemic-Transactional Stress Model (STM), developed by co-editor Guy Bodenmann, is used as a consistent framework so readers can better appreciate the contrasts and similarities across the fourteen cultures represented in the book. Written by scholars from the particular culture, each chapter provides a conceptual review of the dyadic coping research conducted in their specific cultures, and also provides empirical and clinical recommendations. Additional contributions include how to measure dyadic coping, so others can apply the STM model in other contexts. The latest treatment approaches for therapy and prevention are also highlighted, making this book ideal for professionals interested in expanding their cultural competence when working with couples from various backgrounds. Highlights include: -How couples in different cultures deal with stress and how values and traditions affect dyadic

stress and coping. -Global applications, especially to couples in the regions highlighted in the book -- the U.S (including one chapter on Latino couples in the U.S.), Australia, China, Greece, Hungary, Italy, Japan, Kenya, Nigeria, Pakistan, Portugal, Romania, and Switzerland. -Factors encountered in examining dyadic coping using the STM Model including measurement and assessment issues. - Suggestions for making treatment, prevention, and intervention programs for couples more effective. Ideal for relationship researchers, psychologists, mental health counselors, social workers, and advanced students who work with couples dealing with stress. This book is also appropriate for advanced courses on interpersonal processes, close relationships, stress and coping, multicultural issues in marriage and family therapy or counseling, or family systems, taught in a variety of social science disciplines.

Stress, Trauma, and Wellbeing in the Legal System Monica K. Miller 2013-01-17
Stress, Trauma, and Wellbeing in the Legal System presents theory, research, and scholarship from a variety of social scientific disciplines and offers suggestions for those interested in exploring and improving the wellbeing of those who are voluntarily or involuntarily drawn into the legal system.

The Role of Light in Abiotic Stress Acclimation Tibor Janda 2020-04-01

Cross-cultural Topics in Psychology Leonore Loeb Adler 2001 The second edition of a classic collection in cross-cultural psychology.

Post-Traumatic Stress Disorder and Complex Traumatic Stress Disorder in Children and Adolescents Marie Rose Moro 2021-06-01

Stress Research Cary L. Cooper 1983 Good, No Highlights, No Markup, all pages are intact, Slight Shelfwear, may have the corners slightly dented, may have slight color changes/slightly damaged spine.

Stress Management and the Law Enforcement Family Telecourse Workbook David W. Sylstra 1994 The 1970's saw the development of stress management programs for peace officers as well as additional research into topics such as critical incident stress debriefing and traumatic stress syndrome. Both academic and line level research efforts have continued and there is a rather substantial body of research that now has become a regular topic from the basic academy to the executive level. Unfortunately, one critical component of the officer's wellbeing, the peace officer's family, has been left out of most of the research efforts, and generally, left out of programs to provide assistance for officers. This telecourse is designed to introduce the concept of peace officers' family stress, some of its effects, and how it may affect the department, as well as some general methods for both internal and external stress reduction. This workbook is primarily a resource and reference guide for persons who would like to inquire further into the topic.

Work and Stress: A Research Overview Philip Dewe 2020-08-24 Stress is a leading cause of ill health in the workplace. This shortform book analyses, summarises and contextualises research around stress at work. The book begins by exploring the impact and challenges of technology and the challenging and changing contours and boundaries of the nature of work. Using a behaviour lens, the authors draw on cyberpsychology to illuminate the choices we make to balance life, work and wellbeing. The changing nature of work is analysed, shifting structures and boundaries explored and the stress consequences of such themes as the gig economy and precarious work are also included in the book. A compelling framework for researchers of work, organisation and psychology, this concise book is also

valuable reading for reflective practitioners, seeking to understand the importance of wellbeing in the workplace

PTSD Research Quarterly 1990

Denial Jessica Stern 2011-06-07 Hailed by critics and readers alike, Jessica Stern's riveting memoir examines the horrors of trauma and denial as she investigates her own unsolved adolescent sexual assault at the hands of a serial rapist. Alone in an unlocked house, in a safe suburban Massachusetts town, two good, obedient girls, Jessica Stern, fifteen, and her sister, fourteen, were raped on the night of October 1, 1973. The rapist was never caught. For over thirty years, Stern denied the pain and the trauma of the assault. Following the example of her family, Stern—who lost her mother at the age of three, and whose father was a Holocaust survivor—focused on her work instead of her terror. She became a world-class expert on terrorism and post-traumatic stress disorder who interviewed extremists around the globe. But while her career took off, her success hinged on her symptoms. After her ordeal, she no longer felt fear in normally frightening situations. Stern believed she'd disassociated from the trauma altogether, until a dedicated police lieutenant reopened the case. With the help of the lieutenant, Stern began her own investigation to uncover the truth about the town of Concord, her own family, and her own mind. The result is *Denial*, a candid, courageous, and ultimately hopeful look at a trauma and its aftermath.

Abiotic Stress: Molecular Genetics and Genomics Mukesh Jain 2014-12-03 Abiotic stresses are the major cause that limits productivity of crop plants worldwide. Plants have developed intricate machinery to respond and adapt over these adverse environmental conditions both at physiological and molecular levels. Due to increasing problems of abiotic stresses, plant biotechnologists and breeders need to employ new approaches to improve abiotic stress tolerance in crop plants. Although current research has divulged several key genes, gene regulatory networks and quantitative trait loci that mediate plant responses to various abiotic stresses, the comprehensive understanding of this complex trait is still not available. This e-book is focused on molecular genetics and genomics approaches to understand the plant response/adaptation to various abiotic stresses. It includes different types of articles (original research, method, opinion and review) that provide current insights into different aspects of plant responses and adaptation to abiotic stresses.

Psychological Stress in the Workplace (Psychology Revivals) Terry A. Beehr 2014-06-17 Originally published in 1995, this book was the most up-to-date and comprehensive account of research on occupational stress at the time. It identifies the sources, consequences and treatments of stress in the workplace from the perspective of organizational psychology and makes clear recommendations for future work in this area. Terry Beehr discusses how role ambiguity and conflict act as stressors in the workplace, and discusses the characteristics of the job and the organization itself that can adversely affect performance. He examines the effects of stress in the workplace and describes methods that can be used to alleviate the problem, both at the individual and organizational level. In addition, the book is illustrated with many examples from field research over the author's twenty years of experience in studying the workplace. This book will be of considerable interest to students and researchers in occupational psychology, as well as managers and trainers. Terry Beehr is still working in this field today.